



TIPS FOR DENTAL EMERGENCIES

**If possible, for any dental problem, the first step is to call our office:
Phone 828.254.1561**

Following are a few tips for common dental emergencies, we recommend that you print these and keep them handy in your home first aid kit.

- If you call after business hours, we will provide information on how to reach Dr. Rodriguez.
- If you are unable to reach us or are out of the area, the hospital emergency room can offer assistance in dental emergency situations.

First Aid for Common Dental Emergencies:

Permanent tooth knocked out - If a permanent tooth is knocked out, speed in response is important:

- Find the tooth and rinse it gently in cool water – do not scrub the tooth or use soap or other chemicals. Try to hold it by the crown and not the root tip.
- If possible, try to place the tooth back in the socket and hold it in place with clean gauze or wash cloth, or, tuck it into the cheek. If this is not possible, place the tooth in a clean container and moisten it with saliva, milk, or water.
- Apply a cold compress to the face to minimize swelling.
- Call our office immediately – a quick response can sometimes save the tooth!

Fractured or Chipped Tooth – Try to save the tooth fragment.

- Rinse gently with warm water to remove any debris and help ease discomfort
- Apply a cold compress to the face to minimize swelling.
- Call our office immediately.

Blow to head or Jaw Fracture - Go immediately to the emergency room; head injuries can be life-threatening.

Toothache - Call our office as soon as possible.

- Apply a cold compress – do not apply heat or aspirin.
- You may want to take an over-the counter pain reliever until your appointment. Do not take aspirin; it is an anticoagulant and can cause excessive bleeding in a dental emergency.
- If swelling or an abscess is present, this is a serious infection. If after-hours, go to the nearest emergency room for immediate care.

Don't postpone treatment. "Twinges" of tooth pain or toothaches that subside and reoccur can be misleading – any dental pain is an indication of an underlying problem and can lead to serious infection if it is not addressed promptly.